

2019 Alberta Orienteering Championships
U18 Waiver
Informed Consent and Assumption of Risk Agreement
for Participants Under 18 Years of Age, as of date of participation

WARNING!

**By signing this document you will waive certain legal rights,
including the right to sue in circumstances outlined in this Agreement.
Please read carefully.**

Participant's Name: _____ Date: _____

Orienteering Event: 2019 Alberta Orienteering Championships, June 29 & 30, 2019

1. This is a binding legal agreement therefore clarify any questions or concerns before signing.
2. We, the Parties, (consisting of the Parent/Legal Guardian of the Participant noted above and the Participant), acknowledge and fully understand that Orienteering is an activity which includes, but is not limited to, travel by foot or other means in remote areas that may contain harsh terrain or aggressive wildlife, and exposure to variable weather conditions.
3. We further acknowledge and fully understand that there could be periods of time when the Participant might be alone in the terrain and is ultimately responsible for their own safety.

Disclaimer

4. Foothills Wanderers Orienteering Club (FWOC), Alberta Orienteering Association (AOA) and other organizations including, but not limited to, Alberta Environment and Parks (AEP), their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, owners/operators of facilities, representatives and any other person or organization participating in, or connected with, the Orienteering Event (hereinafter collectively referred to as the "RELEASEES") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, the activity, caused by the risks and hazards associated with participation in the Orienteering Event.

We have read and agree to be bound by clauses 1-4.

Initials: _____

Parent/Guardian

_____ **Participant**

Assumption of Risks

5. The Participant is participating voluntarily in the Orienteering Event. In consideration of that participation the Parties hereby acknowledge that they are aware of the possible exposure to the risks and hazards associated with or related to any such activities of the Orienteering Event. Despite the Releasees' best efforts to ensure the safety of the participants, the risks and hazards include, but are not limited to, injuries from:
 - a. Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
 - b. Uneven terrain which could result in sprains, cuts, abrasions, dislocations, breaks, impalements, contusions, etc.
 - c. Collision with trees, rocks, fences, ruins, man-made objects;
 - d. Falling down slopes, gullies, ditches, pits, depressions, etc.;
 - e. Unstable or extreme weather conditions - rain, sleet, hail, thunderstorms, snow - which may cause unstable surfaces/footing or hypothermia;
 - f. Excessive hot/humid weather conditions which may result in heatstroke, heat exhaustion, sunstroke or disorientation (thereby getting lost on the map);
 - g. Encounters with aggressive wildlife, including but not limited to bears, coyotes, elk, deer, cougars - which could result in injury;
 - h. Improper Use of Bear Spray that could result in temporary loss of sight and severe restriction of breathing;
 - i. Remoteness of the location with poor communication ability and inability to get rescue/medical aid assistance easily or quickly;
6. Furthermore, the Parties are aware:
 - a. That any injuries sustained can be severe, even deadly, and result in reduced mobility, loss of income, etc.;
 - b. That the Participant may experience anxiety while challenging themselves during the activities, events and programs;
 - c. That the Participant may come into close contact with wildlife, despite the best efforts of the Releasees to keep the Orienteering Event site(s) clear of danger before and during the Orienteering Event;

